



Enhance Your
Sense of Smile.™

IVERI AT HOME INSTRUCTIONS

Iveri At Home instructions:

- Consult your Dental Professional prior to use
- Brush and floss teeth. Take a syringe out of the kit. Remove the cap and insert a dispensing tip by twisting it securely onto the syringe (if dispensing tip is not already on).
- Place a small drop of gel into every compartment of the Custom Tray for the teeth undergoing treatment or if using a Generic Tray (Iveri In Office Tray) place a small amount of gel both top and bottom compartments of the tray.
- Seat the tray with the gel around your teeth.
- Wipe away any excess gel on the gums with your finger, a tissue or a dry soft tooth brush.

Depending on the level of staining on your teeth, and the health of your teeth, your dental professional would have supplied you with either 16%, 22% or 35% Carbamide Peroxide gel or 8%, 14% Hydrogen Peroxide. This percentage will be marked on the kit/syringe. Wear the trays in your mouth up to the recommended time frame as follows:

16% CP – 30-60mins, 22% CP 30-45mins, 35% CP 5-15mins, 8% HP – 30mins, 14% HP – 5mins

After treatment, remove tray, rinse tray and mouth with lukewarm water. Repeat the procedure for 4-7 days, or as instructed by your dental professional or as required. *** If any kind of discomfort is experienced stop the treatment and consult your dental professional. *** Not recommended if you are under the age of 14, allergic to any of the ingredients, experiencing dental issues, pregnant or nursing.